

**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**

0440 '96 JUN 23 P2:18

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Spring Valley B Complex Product #43575** bearing the statement set out below:

**Weider Nutrition International., Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Vitamin B Complex** is as follows:

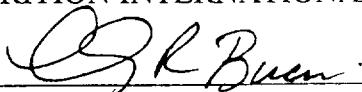
- (Statement 1)      B vitamins are interdependent upon each other to achieve a wide variety of metabolic functions affected by physical stress.
- (Statement 2)
- (Statement 3)
- (Statement 4)
- (Statement 5)
- (Statement 6)

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 3rd day of June, 199 8

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

  
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DR. LUKE R. BUCCI  
Vice President of Research

Weider Nutrition Group  
1960 South 4250 West  
Salt Lake City UT 84104

## STRUCTURE / FUNCTION CLAIMS

8441-98 JUN 23 P2:18

### NUTRIENT: B Complex

DATE: May 15, 1998  
Document Name: sf09bcom.wpd

BY: Original (reviewed by LRB)

BRAND, CODE # & PRODUCT NAME(S): Spring Valley 43575 B Complex (250t)


NUTRIENT AMOUNT: B1, Niacinamide, Pantothenic acid: all 50 mg  
B2, B6: 12.5mg; folate: 50mcg; B12: 12.5mcg; biotin: 25mcg per  
serving (one tablet)

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#### STRUCTURE/FUNCTION CLAIM:

B vitamins are interdependent upon each other to achieve a wide variety of metabolic functions affected by physical stress.

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Approved by / Date

#### REFERENCES:

1. Machlin LJ. Ed. *Handbook of Vitamins. Second Edition, Revised and Expanded*, 2nd ed., Marcel Dekker, New York, 1991.
2. Combs GF. *The Vitamins. Fundamental Aspects in Nutrition and Health*, Academic Press, San Diego, 1992.